FIRST BAPTIST CHURCH alexfbc.com





NOVEMBER - 2022

Greetings!

Marshall Goldsmith is one of the top executive coaches on leadership. I recently read this as he was speaking about self-limiting beliefs. It really struck me about what he was saying and I wanted to share it with you. This really makes sense and I can really resonate with this, because I've had to deal with self-limiting thoughts.

He wrote - - -

"I think we have a lot of self-limiting beliefs. And the self-limiting beliefs, a lot of these come from inside us. Basically, we tell ourselves, "I can't do this. I can't do that. This is just the way I am." One of the most common problems is thinking we have some "real" fixed identity that lives throughout time.

And I have to really work on people to change that. Even smart people say things like, "I can't listen. I can't listen. I've never been able to listen." I'll look in their ears. "Why not? You got something stuck in there? Why can't you listen? Do you have an incurable genetic defect that is prohibiting you from listening?"

As long as we tell ourselves, "That's the way I am," two things happen, both

bad. One, we inhibit the odds of ever getting better. Two, even if we do change our behavior, we don't seem authentic to ourselves. We feel like a phony because if the real me can't listen and you say, "I'm a good listener. You know what I'm thinking?" Well, that's not the real me. I'm just pretending to be a good listener because the real me is no good at that."

I love what he wrote!! I grew up in a house where my sister and I were told we were not intelligent in not nice ways (we'll leave it at that). After awhile you start to believe it. I did for so many years and even now at almost 64, I still struggle with those thoughts! I can't tell you how many times I've called myself stupid and worse!

The beauty of our faith is Jesus calls us holy and dearly loved. He tells us we can do more than we've ever imagined. He offers us a great and powerful inheritance - - one that will NEVER perish or fade or rust. He has promised to be with us forever, even to intercede to the Father on our behalf.

So, next time you're beating yourself up with self-limiting thoughts, stop, and remind yourself the God of all creation created you in His image and that is marvelous!!

Blessings,

Pastor Michael

NEWS AND EVENTS

Remember to set your clocks back one hour this Sunday, November 6th!



Pastor Michael is requesting you to bring cookies or snacks which will be given to our police, fire departments, and dispatchers.

We will collect them on Sunday, November 6th. Thanks!

Free Desk

If you have a need for this desk, we



would love for you to have it. It is very heavy duty. It is free, but we would welcome donations to the youth group if you wish. Please let Eric Prophet know if you would like it. You can email him at ericprophet@gmail.com or notify Elida Stillwell, our church secretary by calling 765-724-2457.

Thank you!

Dust off your sewing machine!

Join the FBC "sewing ladies" as they make baby blankets for First Choice for Women Pregnancy Center in Muncie, Indiana. If you are unable to join us on Wednesdays at FBC to sew, you can make a blanket at home. Any size, color, or pattern will be appreciated by the newborns and their mothers.

If you do not wish to make a blanket, you may contribute needs such as diapers, lotion, etc. or make a monetary donation.

You will see a table next to the main entrance where you can leave any blankets and other donations, monetary or otherwise.

Thank you for helping provide a baby's needs and keep the newborns warm this winter!

Our booth at the Monster Bash was a great success! We handed out candy, fliers about our church, and 500 pens with our new logo on them. Thank you to everyone who came and helped out!

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Operation Christmas Child

Brochures and boxes are available throughout the church. Postage is \$10.00 per box. Bring your filled shoebox or items for donation to the church. Collection week is November 12th-20th. If you would like to donate money toward filling shoeboxes, please send in your donation before November 9th.

Shoebox Packing

The Branch Class will be having their annual Operation Christmas Child shoebox packing on Saturday, November 12th at 4:00pm. We have been able to do around 100 boxes in previous years. Thank you for supporting with money BUT most importantly through prayer!

In His service,



Gerry Cloncs

IMPACT

The youth group had a great Fall Party and Lock-In last Friday! Thank you so much to Phil and Linda Prophet and Elida Stillwell for all of their help!





SERVICES



Sunday 10:30am: Worship Celebration

Tuesday

7:00pm: Ladies Zoom Bible Study with Debbie Deutsch S.A.L.T. Society meets on the third Tuesday of every month

Wednesday

6:30pm: Prayer Meeting (first Wed. of month), Bible Study (remaining Wednesdays) 6:30pm: Kids and Youth Activities

FOOD FOR THOUGHT

When is it easiest to be thankful? When things are going good, right? While it might be easier to praise God when you are most happy and comfortable, it is just as important, if not more important, to thank Him in the midst of trials.

In 1 Thessalonians, Paul tells the church at Thessalonica to rejoice always and give thanks in all circumstances. This can be hard to do, especially when things aren't going well. So why do we have to give thanks? Why can't we give in to cynicism and thanklessness? Because God calls us to a life of continual thankfulness. It is God's will that we give thanks.

This is not to say we need to be always smiling. Sometimes things in life are bad and we should mourn or be upset, but it is in these moments that God asks us to thank Him anyway.

The trials in our lives are not pointless. God has a purpose for everything, even the bad. We might not be able to see the good, but God can see the whole picture and we can gain hope in knowing that our suffering is not in vain, but rather, part of God's greater purpose.

Furthermore, in Colossians 3:17 it says, "And whatever you do whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him."

No matter how we feel at any given moment, we are still in control of what we say and do, and we should use this opportunity to point our lives back to God. A defining characteristic of a Christian is how he or she responds to trials. By finding the good in the bad and giving thanks despite the negative circumstances, Christians set themselves apart from the rest of the world while simultaneously lifting their own spirits by fixing their eyes on God instead of on the world.

So this Thanksgiving, whether you see the blessing abounding in your life or you are struggling to find anything to be thankful for, turn to God, the one who blesses you with grace and salvation daily and who longs for you to praise Him in the midst of your suffering, trusting in Him and His perfect purpose for your life now and forevermore.

CONTACT

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